

# THE SERPENT AND THE MOON

## Diving into the Mysteries of Sacred Feminine Sexuality

An Everyday Medicine Woman Retreat in Maya Tulum, Mexico, With Susan Lipshutz, LCSW

October 23 to October 30, 2010



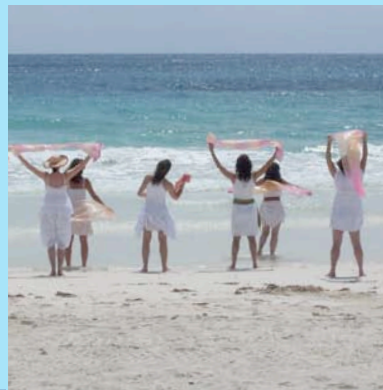
### EAT

Feed your body and your spirit.



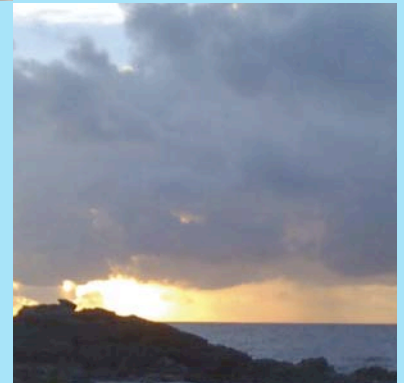
### PLAY

Awaken your undomesticated feminine sexuality through ancient ritual, creative processes and sacred rites of passage.



### LOVE

Reunite with your pure nature in a safe community of like-hearted women dedicated to personal and spiritual growth.



### LIVE!

Return home with a new understanding and a renewed relationship with your spirituality, sexuality and self.

What better way to reimagine your sexual and creative self than by diving into the timeless ocean of empowered sacred feminine mystery teachings that have been lost from centuries of expectations and alterations. And doing so in one of the most beautiful places on earth—Maya Tulum, an eco-conscious Caribbean resort dedicated to restoring health and promoting healing. Over the course of the week, in a sacred hoop of sisterhood, we will immerse ourselves in ancient wisdom, indigenous spiritual practices, rites of passages, movement, yoga, creative writing, journeying, and excursions to sacred sites and magical lagoons in order to regain our power and celebrate our sacred feminine. We'll drum to the rhythm of the ocean, dance the Shakti up our body, laugh with our sisters, revel in our individual beauty—and leave liberated, soulful and restored. It promises to be a powerful, potentially life-changing week, but never fear, there is plenty of scheduled downtime to savor the resort's sparkling beach, world-class spa and the local attractions. Won't you join us in this adventure?

**For more information, please visit our website at [everydaymedicinewoman.com/goddess](http://everydaymedicinewoman.com/goddess).**

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## Diving into the Mysteries of Sacred Feminine Sexuality

October 23 to 30, 2010, Maya Tulum, Mexico

### Cost

The cost of the retreat ranges from \$2,000 to \$2,500 for the full week, which includes seven nights lodging in beautifully appointed beachside palapas, three delicious (mostly) vegetarian meals a day, all programming, two excursions, one of which will be to Mayan ruins, taxes, tips and transport between the airport and the resort. Not included: airfare and spa treatments.

Trip rates are dependent on the choice of room location—beach front, ocean view or garden—and are based on double occupancy. Payment plans are available. To discuss room choice and payment plans, please contact trip coordinator Robin Varnado at [journeys@everydaymedicinewoman.com](mailto:journeys@everydaymedicinewoman.com) or 708-250-0047.

### Specials

Pay for the trip in full by June 1, get \$100 off. Bring a friend and you both get \$100 off.

### Payment Options

Check, Visa, MasterCard and Paypal. Make checks payable to Rainbow Journey LLC. To pay via Paypal, visit our website [www.everydaymedicinewoman.com](http://www.everydaymedicinewoman.com).

### To Register

Please fill out the form below and send it with a \$500 non-refundable deposit to our trip coordinator Robin Varnado at Everyday Medicine Woman, 430 W. Erie St. #405, Chicago IL, 60654. The balance is due August 24, 2010. **Deposits and trip fees are nonrefundable.**

### An Important Note

While the topic of this women's retreat is sexuality, all our work will be non-sexual in nature. We will approach the topic with sacredness and a deepest respect for the individual.

### For More Information

Please go to our website at [everydaymedicinewoman.com/goddess](http://everydaymedicinewoman.com/goddess) for complete information about the trip, the staff, Maya Tulum and travel to

Mexico. If you have additional questions, contact trip coordinator Robin Varnado at [journeys@everydaymedicinewoman.com](mailto:journeys@everydaymedicinewoman.com) or at 708-250-0047.

### About the Trip Leader

Susan A. Lipshutz, L.C.S.W., has more than 25 years of experience teaching and practicing integrative psychotherapy. She brings a foundation in Western medicine and indigenous spiritual practices to her work. Previously, she has served as the Director of Behavioral Sciences for the Family Practice Residency Training Programs with the Illinois Masonic Medical Center and West Suburban Hospital. Today, as a student of cross-cultural spiritual practices including Andean wisdom-keepers and Mapuche ceremonialists, Susan integrates the ancient divine feminine wisdom of our grandmothers with her own powerful modern teachings, crafting an easy-to-understand style of empowerment and self-love

attuned to the complexities of today's modern woman.

Because the sacred feminine archetype is always growing and evolving, Susan is dedicated to weaving this understanding into ongoing training, studies and sacred journeys around the globe, as well as in her individual practice in Chicago. She has worked to create intentional communities where healing and evolution can occur at the deepest level, and encourages others to offer their personal change in service of the greater collective. Her passionate work in support of universal divine feminine wisdom teachings, embodying heartfelt love and shared purpose, offers both women and men the realization of an ancient and timeless dream—a dream that we have the privilege and responsibility not only to witness, but also to co-create.



### Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Desired accommodation (circle: beachfront, ocean view or garden) Roommate preference \_\_\_\_\_

If paying by credit card, card number and exp. date: \_\_\_\_\_

### Signature

By signing this form, I represent an understanding that this is a nonrefundable trip. I recognize the need to purchase travel insurance to protect my trip fee in case I need to cancel my reservation.